

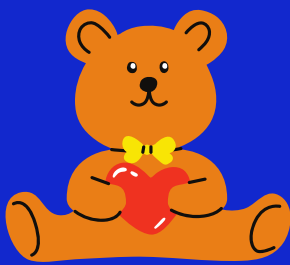
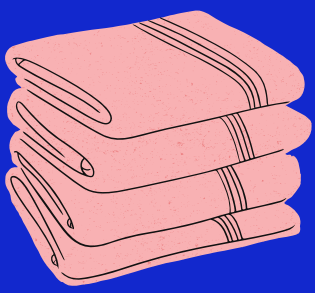
# HOW TO SUPPORT Ukraine



WE ASK THAT YOU DONATE THE FOLLOWING ITEMS WHEREVER YOU CAN:

01

- BASIC FIRST AID SUPPLIES
- BLANKETS AND SLEEPING BAGS
- CLOTHING FOR CHILDREN AND ADULTS
- TOYS FOR CHILDREN
- NAPPIES
- TOWELS

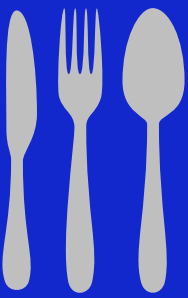


02

- TOILETRIES
- SANITARY PADS
- UNDERWEAR
- TORCHES

03

- CUTLERY (REUSABLE OR DISPOSABLE)
- CANNED GOODS/NON-PERISHABLE ITEMS



WE ALSO REQUIRE ANY CARDBOARD BOXES FOR TRANSPORTATION



WE WILL BE ACCEPTING DONATIONS UNTIL **MONDAY 28TH MARCH**. ANYTHING YOU CAN DO TO SUPPORT FAMILIES IN UKRAINE WILL BE MUCH APPRECIATED!